



Valerie Stephen

New Member:
January 2017

Hometown:
Esquimalt, BC

Current Community:
Victoria, BC

Inspiration

I was inspired to apply after seeing the impact that Coast Capital Savings has on youth programming. Giving back to the community is something that really interests me. This program will allow to me to give back in many unique ways.

Fun Fact

I have been a competitive Highland dancer since I was seven years old. Highland dance is one of my greatest passions in life and I am still dancing.

What do you hope to achieve on the Council?

I hope to make a large impact on local organizations around the Greater Victoria area and the lives of many youth that these programs support. Helping youth achieve their dreams is one of my dreams, and this is something I hope to accomplish while on the Council.

What accomplishment are you most proud of to date?

Growing up, I was a competitive Highland dancer. My greatest accomplishment is winning the aggregate trophy for my category at the Victoria Highland Games and having my grandmother there to watch, as she is the biggest inspiration in my life.

Bio

Valerie is currently working toward a Bachelor of Arts degree in Psychology at the University of Victoria (UVic). Her journey toward an education in the field of psychology began at Camosun College where she studied the subject for two years before enrolling at UVic. Being a university student has given her the chance to talk to young women about their post-secondary options and help them cope with stress.

Volunteering has been a major influence in Valerie's life. She has a passion for helping and teaching people, and is building a career focused on helping the community.

Valerie has been involved with Girl Guides for over 15 years and has used her financial knowledge to help 15-to-17 year-old Girl Guides learn about more about managing their money at a young age. In this way, she has helped youth succeed in different aspects of their lives from leadership to finance.

Valerie has used the financial knowledge she has gained through her five-year tenure as a Member Service Representative at Coast Capital to help youth understand their finances.



Valerie has also taken on the role as Community Helper at the Admirals Walk branch, where she hopes to make a difference in the community initiatives they support, both locally and corporately. She has also been involved with the annual Cops for Cancer campaign for the last several years.

Valerie at the Roman Coliseum during a month-long backpacking trip across Europe with her two best friends