



Valerie Stephen

Term on Council:
2017 - Present

Hometown:
Esquimalt, BC

Current Community:
Victoria, BC

Inspiration

I was inspired to apply after seeing the impact that Coast Capital Savings has on youth programs. Being involved in giving back to the community is something that really interests me and this program will allow me to give back in many unique ways.

Fun Fact

I have been a competitive Highland dancer since I was 7 years old. Highland Dance is one of my greatest passions in life and I still dance to this day. I even helped to teach other kids when my younger sister started to dance!

What do you hope to achieve on the Council?

I hope to make a large impact on local organizations around the Greater Victoria area and as a result, make a positive impact on the lives of many youth that these programs support. Helping youth achieve their dreams is one of my dreams, and this is something I hope to accomplish while on the Council.

What accomplishment are you most proud of to date?

Growing up I was a competitive Highland dancer. My greatest accomplishment is winning the aggregate trophy for my category at the Victoria Highland Games one year and having my family, especially my grandmother, be there to watch, as she is the biggest inspiration in my life.

Bio

Valerie is currently working towards a Bachelor of Arts Degree in Psychology at the University of Victoria (UVic). Her journey towards an education in the field of Psychology began at Camosun College where she studied the subject for two years prior to attending UVic.

Being a university student has given her the chance to talk to girls about their post-secondary options, and also help them cope with stress or other things that may be going on in their lives during their school years.

Volunteering has been a major influence in Valerie's life. She has a passion for helping and teaching people, and is building a career that has to do with helping the community.

Valerie has been involved with Girl Guides for over 15 years and has used her financial knowledge to help 15-17 year-old Girl Guides learn about more about managing their money at a young age. In this way, she has helped youth succeed in many different aspects.

Valerie has worked at Coast Capital Savings for over six years and has gained the knowledge to help youth understand their finances.



Valerie currently works at the Admirals Walk branch as a Member Banking Specialist. Valerie hopes to make a difference in the community initiatives Coast Capital supports, both locally, and corporately. She has also been very involved with Cops for Cancer, through Coast Capital Savings as well as independently.

Valerie at the Roman Coliseum during a month-long backpacking trip across Europe with her two best friends