



## Parmvir Sandhu

**Term on Council:**  
2016 - Present

**Hometown:**  
Coquitlam, BC

**Current Community:**  
Vancouver, BC

### Inspiration

Having worked for Coast Capital for over five years, I have seen firsthand the positive impact Coast Capital has on its community. Knowing the Youth Get It Community Council plays an integral role in that, I wanted to get involved myself, and was inspired to apply.

### Fun Fact

I am currently a research assistant for one of the largest concussion studies in the world, which aims to reduce the risk of concussions in youth hockey. I am also a blindly optimistic Canucks fan.

### What do you hope to achieve on the Council?

Growing up in the Lower Mainland, I have been afforded many opportunities which have helped shape the person I am today. I hope to pay it forward and help other youth achieve whatever their goals may be, in hopes that one day they might do the same for someone else.

### What accomplishment are you most proud of to date?

I am very proud of the projects I have organized in developing countries through Rotary International. One example is a program that taught women how to sew, and gave them the supplies to start their own sustainable businesses, which in turn aided the local economy.

### Bio

Parmvir is working towards a Bachelor of Science in Cognitive Systems at the University of British Columbia, with the hope of one day pursuing a career in medicine. Currently, he works as a Financial Advisor at Coast Capital Savings, as well as a research assistant with the BC Injury Research and Prevention Unit at BC Children's Hospital.

When he isn't working or in school, Parm volunteers with the UBC Mental Health Awareness Club, which seeks to provide opportunities to discuss and promote mental health awareness throughout the campus and community.

Parm is one of the leads in the club's Change Mind Project, a series of videos that highlight the challenges students face in trying to break down the stigma around mental illness.

In addition to his busy schedule, Parm has dedicated each Saturday to helping youth with their finances.

Being a student himself he understands the importance of financial literacy. He hopes to give students the tools to help them with their finances as they move forward with their post-secondary education and beyond.

With a passion for learning, youth-led initiatives, and finance, Parm is a great asset to the Council.



In his spare time Parm loves to be outdoors and on the water.