



Laura Ristock

Term on Council:
2017 - Present

Hometown:
Surrey, BC

Current Community:
Langley, BC

Inspiration

As soon as I heard about the Youth Get It Community Council, I knew I wanted to be a part of it. I love working for an organization that shares my values regarding community involvement. Being a part of the Council is another way I can give back.

Fun Fact

I previously was a traffic reporter on Vancouver radio. When I first started out, my boss didn't think my full name was catchy enough. From then on, I was known as "Laura Fraser."

What do you hope to achieve on the Council?

I look forward to learning more about other youth serving organizations and how the granting process works. Furthermore, I'm also excited to meet the other young individuals who also share a passion for giving back to the community.

What accomplishment are you most proud of to date?

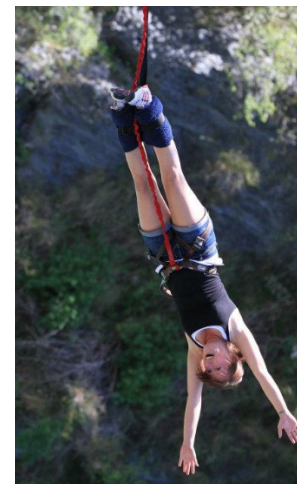
In 2011, I completed the Ride to Conquer Cancer in honour of my father who lost a short battle four years before. It was so incredibly rewarding to take action and create hope for countless of other individuals affected by cancer. The best part was watching my family cheer me on as I crossed the finish line on Father's Day.

Bio

Laura graduated from the Vancouver Institute of Media Arts with a diploma in Broadcast Performing Arts. Shortly after graduating, she began working at Astral Media where she gained sales experience with three different radio stations and the local television station. This work experience led to her role as radio announcer in the Tri-Cities community.

Educational success is a passion for Laura, she previously volunteered with Big Brothers and Sisters, where she served as an in-school mentor for a grade 2 student at Clayton Elementary School. She believes early success with education is a key component in building a bright future, which is why she finds joy in helping kids in their early grades. Laura currently volunteers with Big Sisters of BC Lower Mainland, as a big sister to a nine year old girl.

As General Manager at She's Fit in Langley, Laura learned the increasing importance of mental health in modern society. She believes that true strength shines with great confidence and a healthy mind. Currently, Laura is a Development Officer with Surrey Schools.



Her past work experiences, paired with her personality, are sure to make an exceptional addition to the Youth Get it Community Council.

Laura bungee jumping in Queenstown, New Zealand.