



Elizabeth Savage

Council Member

Term on Council:
2020 - Present

Hometown:
Victoria, BC

Current Community:
Victoria, BC

Inspiration

I am inspired to utilize my skills and experiences to make a meaningful change in the lives of youth, by supporting the incredible youth-serving organizations within the community.

Fun Fact

I have a budding passion for photography. I am fascinated by how photographs allow us to hold on to memories. My favourite subjects to photograph are my friends and family while we hike and explore Vancouver Island.

What do you hope to achieve on the Council?

As a part of the Vancouver Island Youth Community Council, I hope to empower youth with the education, new skills, and social supports necessary to navigate the transition into financial independence, along with the inspiration to pursue their passions and dreams as young adults.

What accomplishment are you most proud of to date?

I am most proud of graduating from nursing school and my devotion to continually work towards a life-long career with many demands and challenges. Being a nurse is both humbling and incredibly rewarding, something I hope to never take for granted.

Bio

Elizabeth graduated from the University of Victoria with a Bachelor's degree in nursing. She currently works as a Registered Nurse at Island Health where she makes a difference every day by providing compassionate, professional care to those struggling with mental health or substance abuse issues.

Elizabeth's commitment to her work is driven by an awareness of the need for community-based mental health interventions and support—according to Statistics Canada, in 2018, almost one in five Canadians required help with their mental health, but only half felt that their needs were met. She knows that her training can help change lives and she wants to be part of the solution.

Through her work as a nurse and by being a champion for youth mental well-being on the Council, Elizabeth would like to contribute to more accessible services, improved patient satisfaction, and greater community awareness and acceptance of young British Columbians faced with mental health challenges.



Elizabeth hiking on Vancouver Island with her dog Luna.